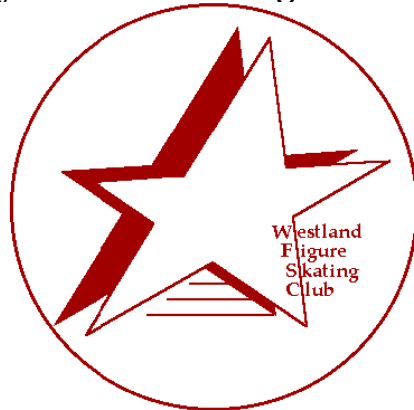


Westland 2009 All American Classic Competition

November 7th 2009

Hosted by the Westland Figure Skating Club



Annual 2009 Westland All American Classic Figure Skating Competition

November 7th, 2009
Hosted by the Westland Figure Skating Club
Sanctioned by US Figure Skating

Contact:

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Location

Mike Modano Ice Arena (one rink indoor facility with ice surface 200 ft. x 85 ft.)
6210 N. Wildwood, Westland Mi. 48185

Sanctioning

This non-qualifying competition is sanctioned by US figure skating and will be conducted in accordance with the rules of US figure skating as set forth in the current rulebook.

Eligibility and Entries:

Eligible competitors are current members in good standing of US Figure Skating and shall be eligible to enter events based on their test status as of September 21, 2009. *Low level flights will be divided in age groups of approximately 8 whenever possible. All Juvenile and above events may be divided into larger groups based on random draws.* A minimum of two entries will be required for all flights to be scheduled. Entrants may "skate up" a level but may not skate more than one level in any one event except dance (up to 4 dances). Skaters representing a foreign association must include permission from their association or federation. Artistic Showcase is a ladies/men (combined) event. Compulsory, jumps, and spins events and freeskate events below pre-preliminary may be ladies and men combined. Basic Skills events are open to US Figure Skating and ISI skaters in a Learn-to-Skate program and must be either a member of US Figure Skating or ISI. Skaters must skate in a category that is current with their test level or one higher, but not both. If a skater competes in Basic 1-8 or freestyle 1-6 compulsory—no music, they may compete in any of the beginner events but may skate only one FS and one CM. Pairs events will be exhibitions only unless otherwise stated.

Closing Date:

Entries must be postmarked by **October 10, 2009**. Late entries may be accepted, when space is available, at the discretion of the Competition Chair and referee, and will be assessed a \$25. Late fee. No refunds after closing date unless the event is canceled for lack of participation. Entries will be limited so early registration is encouraged.

Fees:

\$60. First single / dance event

\$30. Each additional event

\$35. Basic 1-8 and Freestyle 1-6 (if only entered in Basic Skills)

\$10. Basic Skills additional event (if only entered in Basic Skills)

\$100. Pairs (\$50 per skater)

Other Fees:

\$25. NSF fee for all returned checks

\$25. Late fee for registrations received after 9/21/09

\$20. Change of Event Fee

You must include an email address or a SELF-ADDRESSED (SKATER'S NAME), STAMPED, BUSINESS-SIZED #10 ENVELOPE in order to receive a competition schedule. Make checks payable to WFSC, and mail to: *WFSC All American Competition, 6210 North Wildwood, Westland MI 48185.*

Registration:

The Registration Desk (located in the lobby of the arena) will be open 1 hour prior to the first event. Skaters must check in at least one (1) hour prior to their first event. Registration will be your final confirmation of competition time.

Scheduling of Events and Practice Ice:

A tentative schedule of competition events will be *emailed* to each competitor as soon as provided by the referee. All times are *approximate*. Please check with Registration for changes and exact times. Practice ice will start 1 hour prior to competition start time and will last 20 minutes. **Advanced registration is required.**

Music:

Music must be left at the registration desk upon registration. Competitors must have extra copies of their music readily available. CDs are preferred. Cassettes *must* be rewound and marked clearly.

Awards:

Awards will be given in each group as follows: 1) Medals for 1st-9th place

Competition Events

Free Skating: Single Free Skating (Basic Beginner through Adult Masters), Compulsory (Basic Beginner through Pre-Juvenile), Short Program (Juvenile through Senior), Spins Only (Pre-Preliminary through Senior), Solo Dance (Preliminary through Gold), Artistic Showcase (Beginner –Intermediate & Adult) and Pairs (beginner-senior). All events will be skated on full ice surface to the music of the skater's selection. **Judging of Competitive Juvenile and higher Short and Freeskating events will NOT use the IJS scoring system.** All events (including all test track FS) will be based on the 6.0 system. Intermediate and higher test track events may be combined using the higher-level element restrictions. There will be a ten-second leeway in the specified time limit unless it is specified as a maximum time. Skaters may skate up one level but may not skate at more than one level. All Free Skating events will be judged according to Part Two in the current Official US Figure Skating Rulebook, Information for Competitors, Coaches and Parents. Program requirements not specified below are defined in rules 3630-3820. **There will be final rounds for competitive juvenile through senior FS events if numbers warrant.** Competitors in the IJS events are required to submit a planned program content sheet at registration 1 hour prior to their event. We will not be processing on-line submissions. The paper form is required.

Single Free Skating**Limited Beginner Test: Max 1 min. 40 sec. (test track)**

Skaters must not have passed tests higher than U.S. figure skating basic skills free skating badge tests. Two upright spins no change of foot (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). Jump sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.

Beginner test: max 1 min. 40 sec. (test track)

Skaters may not have passed tests higher than U.S. figure skating basic skills free skating badge tests. Two upright spins, change of foot optional (min.3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only. Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.

Pre-Preliminary Test: max 1 min. 40 sec. (test track)

Must have passed the Pre-Preliminary Free Skating Test and no higher. Two solo spins of a different nature, Held in one position only, no change of foot (min 3 revolutions and no flying spins). All single solo jumps allowed (no axels), jump combinations or sequences using only waltz jumps, toe loops and Salchow. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.

No Test: 1 ½ Minutes (3721)

Skaters may not have passed any US figure skating free skate test. Max.5 jump elements. Single jumps (axel not allowed) Max 3 combos or sequences combos limited to 2 jumps, but one 3 jump combo is permitted. Number of jumps in jump sequence is not limited. No single axels, double jumps, or triple jumps. Spins must be of different nature (2 spins max) Min 3 revs. Spins may change feet, position, and start with a fly. 1 step sequence using half ice surface.

Pre-Preliminary: 1 ½ minutes (3711)

Must have passed the pre-preliminary freeski test and no higher. Maximum 5 jump elements, single jumps (axel may be included) Max 3 combos or sequences. Combos limited to 2 jumps but one 3 jump combo is permitted. Number of jumps in jump sequence is not limited. Axel may be repeated as individual jump, as part of jump combination, or jump sequence. Maximum of 2 axels. No double or triple jumps. Maximum 2 spins, spins must be of a different nature Min 3 revs Spins may change feet, position, and start with a fly and 1 step sequence using ½ ice.

Preliminary test 1 ½ minutes (test track)

Must have passed the preliminary freeski test and no higher. 2 spins of different nature, combination spins allowed (min.3 revolutions each and no flying spins), jumps with not more than one rotation (no axels). Jump combination and sequences are allowed Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.

Preliminary: 1½ minutes (3701)

Must have passed the Preliminary Free Skating Test and no higher. Maximum: 5 jump elements, one of which must be an Axel or waltz jump, no double axels or triple jumps are permitted. Maximum of two spins of a different nature, 1 step sequence using ½ ice surface.

Pre-Juvenile Test: 2 minutes (test track)

Must have passed no higher than Juvenile Free Skating Test. Three spins in any position (min 4 revolutions), One must be a combination spin with change of foot optional (min 3 revolutions on each foot or 6 total Revolutions and no flying spins). Jumps with

not more than one rotation (no axels). Jump combinations and sequences are allowed. Maximum 5 jumping elements. 1 step sequence using full ice.

Pre-Juvenile: 2 minutes (3691)

Must have passed the Pre-Juvenile Free Skating Test and no higher. Maximum: 5 jump elements, one of which must be an Axel-type jump, no double axels or triple jumps are permitted. Maximum of 2 axels or any double jump. Maximum 3 spins of a different nature, 1 step sequence using full ice.

Juvenile test: 2 ¼ Minutes

Skaters must have passed no higher than juvenile free skate test. Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps and jump combinations with not more than 1 ½ rotations. (Axel permitted), Maximum 6 jump elements. One step sequence using full ice surface.

Juvenile: 2 minutes 15 seconds (3681)

Must not have reached the age of 13 years old as of the closing date. Open to skaters who have passed the Juvenile Free Skating Test and no higher. Maximum: 6 jump elements (one of which must be an axel type jump). Maximum of 3 spins of a different nature (one of which must be a flying spin and one a combination spin with at least one change of position, and a maximum 1 step sequence using full ice.

Open Juvenile: 2 minutes 15 seconds (3681)

Must be 13 years old or older as of closing date. Must have passed the Juvenile Free Skating Test and no higher. Same element requirements as juvenile.

Intermediate test: 2 ½ minutes

Skaters must have passed but no higher than the intermediate freeskate test. 3 spins in any position (min 4 revolutions), one must be a combination spin with at least one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow and the double toe loop. Jump combinations and sequences allowed. Maximum 6 jump elements. 1 step sequence using full ice surface.

Intermediate: 2 ½ minutes (3672)

Must have passed the Intermediate Free Skating Test and no higher. Maximum: 6 jump elements (one of which must be an axel type jump). Maximum of 3 spins of a different nature (one of which must be a flying spin and one a combination spin with at least one change of foot and one change of position), and 1 step sequence using full ice surface.

Novice: Ladies - 3 minutes Men 3 ½ minutes (3663)

Must have passed the Novice Free Skating Test and no higher. Men Maximum 7 jump elements. Ladies Maximum: 6 jump elements (one of which must be an axel type jump). Maximum 3 spins of a different nature, one of which must be a flying spin (minimum of 6 revolutions) and one a combination spin (minimum of 10 revolutions). The number of changes of foot in the spin combination is optional. Maximum of 1 step or spiral sequence using full ice.

Novice Test: 3 minutes (men-3½) (test track)

Must have passed no higher than novice freeskate test. 3 spins in any position (min 6 revolutions) one must be a combination spin with at least one change of foot (min 5 revolutions on each foot). May include flying spins. Any single jumps. Double jumps may only be the double Salchow, double toe loop and double loop. Jump combinations and sequences allowed; maximum 6 jump elements for Ladies; 7 for men. 1 step or spiral sequence using full ice.

Junior: Ladies - 3½ minutes (3653)

Men - 4 minutes

Must have passed the Junior Free Skating Test and no higher. Maximum: 7 (8-men) jump elements (one of which must be an axel type jump). Maximum of 3 spins one of which must be a spin combination, one a flying spin, and one a spin with only one position. Maximum of 1 step sequence.

Junior Test: 3½ minutes (men-4) (test track)

Must have passed no higher than junior freeskate. 3 spins; 1 must be a flying spin, a solo spin (min 6 revolutions), and a combination spin consisting of all 3 positions and one change of foot (minimum two in each positions and minimum 5 revolutions on each foot). Any single jumps, double jumps may only be the double Salchow, double toe-loop, double loop, and double flip. Jump combinations and sequences allowed. Maximum 7 (men-8) jump elements. 1 step sequence of advanced difficulty, covering the full surface of the ice.

Senior: Ladies - 4 minutes (3643)

Men - 4½ minutes

Must have passed the Senior Free Skate. Maximum: 7 (8-men) jump elements (one of which must be an Axel type jump), Maximum of 3 spins, one of which must be a spin combination, one a flying spin, and one a spin with only one position. Maximum 2 step sequence, one of which must be a spiral step sequence using full ice. (Men maximum 2 step sequences of a different nature).

Senior Test: 4 minutes (men–4½) (test track)

Must have passed the Senior Free Skating Test. 4 spins 1 must be a flying spin, a solo spin (min 6 revolutions each) and a combination spin consisting of all 3 positions and one change of foot (min 2 in each position and min 5 revolutions on each foot). At least 4 different double jumps. 1 must be a double Lutz, jump combinations and sequences allowed. Maximum 7 (men–8) jump elements. 1 step and 1 spiral sequence using full ice (men–2 step sequences).

Adult:

Open to skaters who are **21** years old or older. Categories and tests passed as follows:

Bronze: 1 minute 50 seconds max (3801)

Must have passed Adult Bronze Free Skating Test and no higher than Preliminary Free Skating Test.

Silver: 2 minutes 10 seconds max (3791)

Must have passed Adult Silver Free Skating Test and no higher than Juvenile Free Skating Test.

Gold/Masters: 2 minutes 40 seconds max (3781) (3771)

Must have passed Adult Gold Free Skating Test and no higher than Novice Free Skating Test.

Compulsory and Short Program**NOTE: Test requirements are the same as listed under Single Free Skating Events**

Beginner through Pre-Juvenile Compulsory events will be skated without music on one-half (½) of the ice surface. Juvenile through Senior Short Programs will be skated on full ice and set to music of the skater's choice. Moves must be skated exactly as stated and may be skated in any order. There must be no change of foot between jumps in a combination jump. An axel is considered a single jump. If a program exceeds the time limit, that portion of the program will not be judged. *All times listed are maximums.* All moves in all levels are to be connected in a free flowing presentation. Excessive footwork and added elements will be penalized. Spin revolutions must be in position to be counted.

Compulsory Events (no music)**Limited Beginner: 1 minute**

1. Waltz jump
2. ½ jump of choice
3. Forward two-foot or one foot spin (free leg position optional)
4. Forward or backward spiral

Beginner: 1 minute

1. Toe loop jump
2. Salchow jump
3. Forward scratch spin
4. Forward or backward spiral

No Test: 1 minute

1. Loop jump
2. Jump combination to include a toe loop (may not use a loop or axel)
3. Solo spin- sit or camel spin
4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included

Pre-Preliminary: 1 minute, 15 seconds

1. Flip jump
2. Jump combination waltz jump/toe loop jump or Salchow/toe loop jump
3. Solo spin- sit or camel spin
4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, spread eagles, lunges and shoot the ducks may be included.

Preliminary: 1 ½ minutes

1. Lutz jump
2. Jump combination (may not use Lutz jump or axel)
3. Camel spin
4. Spiral sequence- must include a forward and backward spiral. Additional spirals and balance moves such as Ina Bauers, Spread Eagle, lunges and shoot the ducks may be included.

Pre-Juvenile: 1½ minutes

1. Single or double jump (may not be repeated)
2. Single-single jump combination (must include loop)
3. Combination spin with only 1 change of foot, no change of position (may not commence with a jump, minimum 4 revolutions each foot)
4. Solo spin (may not commence with a jump, minimum 4 revolutions)
5. Step sequence

Short Programs (with music)**Additional program requirements as defined in 3610-3621****Open Juvenile Short Program: 2 minutes**

1. Jump combination – two single jumps or one double jump and one single jump
2. Axel (may not be repeated)
3. Solo jump – single jump, double toe loop or double Salchow jump (may not be repeated)
4. Solo spin – minimum 5 revolutions in position. (May not commence with a jump)
5. Spin combination with only one change of foot and at least one change of position (4 revs each foot)
6. Step sequence (straight line, circular, or serpentine)

Juvenile Short Program: 2 minutes

1. Jump combination – one double & one single jump or two double jumps
2. Axel (may not be repeated)
3. Double jump (may not be repeated)
4. Solo spin – minimum 5 revolutions in position.
5. Spin combination with only one change of foot and at least one change of position (4 revs each foot)
6. Step sequence (straight line, circular, or serpentine)

Intermediate Short Program: 2 minutes

As stated by the Current US Figure Skating Official Rulebook (3671)

Novice Short Program: 2 minutes 30 seconds

As stated by the Current US Figure Skating Official Rulebook (3661 & 3662)

Junior Short Program: 2 minutes 50 seconds

As stated by the Current US Figure Skating Official Rulebook (3651 & 3652). Elements for the 2009 year

Senior Short Program: 2 minutes 50 seconds

As stated by the Current US Figure Skating Official Rulebook (3641 & 3642)

Spins Only Event (no music)

Entrants will qualify according to their Free Skating level. Spins may be joined with appropriate connecting moves and will be skated on one-half ice. There will be a one and a half-minute time limit for Pre-Preliminary through Juvenile and a two-minute limit for Intermediate and above. Spins must be skated exactly as stated, but may be performed in any order. Revolutions stated are minimums. Spin variations within the positions are permitted after a minimum of 2 revolutions.

Pre-Preliminary: One-foot upright spin, optional free leg (3 revs); back upright scratch spin (3 revs); sit spin (3 revs); spiral, Bauer or spread eagle

Preliminary: Back spin – position free (4 revs); sit spin (4 revs); camel spin (4 revs); spiral, Bauer or spread eagle

Pre-Juvenile: Camel spin (4 revs); change-foot sit spin (4 revs each foot); front to back upright scratch spin (4 revs each foot); footwork sequence of any pattern; spiral, Bauer or spread eagle

Juvenile/Open Juvenile: Same Requirements, Two separate events.

Spin combination with only 1 change of foot and only 1 change of position (4 revs each foot); flying camel spin (4 revs); change-foot sit spin (4 revs each foot); footwork sequence of any pattern; spiral, Bauer or spread eagle

Intermediate: Spin combination with only 1 change of foot and only 2 changes of position (5 revs each foot); camel spin to back camel spin (4 revs each foot); layback spin (ladies – 5 revs) / camel spin (men – 5 revs); footwork sequence of any pattern; spiral, Bauer or spread eagle

Novice: Flying camel (6 revs); spin combination with at least 1 change of foot and at least 2 changes of position (5 revs each change of foot); layback spin (ladies-6 revs) or cross-foot spin (men-6 revs); footwork sequence of any pattern; spiral, Bauer or spread eagle

Junior:

Flying sit spin; spin combination with at least 1 change of foot and at least 3 changes of position, using all 3 positions (6 revs each change of foot); layback spin (ladies- 8 revs) or cross-foot spin (men-8 revs); footwork sequence of any pattern; spiral, Bauer or spread eagle

Senior: Flying spin of choice (6 revs); spin combination with at least 2 changes of foot and at least 2 changes of position, using all 3 positions (6 revs each change of foot); solo spin of skater's choice (8 revs); footwork sequence of any pattern; spiral, Bauer or spread eagle

Solo Dance

Each dance is a separate event. Solo dance will be one round only and is open to men and ladies. The dances you wish to enter may be selected from those listed, in your present level, and/or from one level higher. Awards will be presented for each individual dance event. Up to 4 dances may be chosen.

Preliminary: Skater may have passed all Preliminary Dances but not all Pre-Bronze Dances.

Dance events: Dutch Waltz, Rhythm Blues, and Canasta Tango

Pre-Bronze: Skater may have passed all Pre-Bronze Dances but not all Bronze Dances.

Dance events: Cha Cha, Fiesta Tango, Swing Dance

Bronze: Skater may have passed all bronze but not all Pre-Silver Dances.

Dance events: Willow Waltz, Ten Fox, and Hickory Hoedown

Pre-Silver: Skater may have passed all Pre-Silver Dances but not all Silver Dances

Dance events: Fourteen Step, European Waltz, and Foxtrot

Silver: Skater may have passed all Silver Dances but not all Pre-Gold Dances.

Dance events: American Waltz, Rocker Foxtrot, and Silver Tango.

Pre-Gold: Skater may have passed all Pre-Gold Dances but not all Gold Dances

Dance events: Paso Doble, Blues, Starlight Waltz, and Kilian

Gold: *Dance events:* Argentine Tango, Quick Step, Westminster Waltz, and Viennese Waltz

Artistic Showcase

Showcase events are to be skated to music. Programs should be designed specifically to entertain and/or emotionally move the audience. Costumes are encouraged. Props will be allowed and the skater will have 30 seconds to place and remove the prop (no props are allowed on the ice during the warm-up). Test requirements for each showcase group are the same as the freestyle levels indicated.

The program cannot exceed the indicated time.

Beginner: Max 1 minute 30 seconds; must not have passed any US Figure Skating tests no axels or double jumps

Pre – Preliminary & Preliminary: Max 1 minute 40 seconds no axels or double jumps

Pre-Juvenile: Max 1 minute 40 seconds maximum 4 full revolution jumps

Juvenile: Max 2 minutes 10 seconds maximum 4 full revolution jumps

Intermediate & above: Max 2 minutes 10 seconds maximum 4 full revolution jumps

Adult: Max 1 minute 40 seconds Must be 21 years or older. Must not have passed higher than Adult Silver FS test no axels or double jumps

Moves in the Field Event

Test requirements are the skaters Moves in the Field test level passed. Skaters may skate up one level from their tested moves level. Please consult the US Figure Skating Rulebook for exact pattern descriptions and requirements. All elements listed below for each level must be skated and will comprise of one event. Men and Ladies may be grouped together.

Pre-Preliminary: 1) Forward Perimeter Stroking – PPM Pattern 1 (one direction only – skater's choice); 2) Waltz Eight – PPM Pattern 4

Preliminary: 1) Forward Power 3-Turns – PM Pattern 3; 2) Alternating Backward Crossovers to Backward Outside Edges – PM Pattern 5

Pre-Juvenile: 1) Forward & Backward Power Change of Edge Pulls – PJM Pattern 5; 2) Five Step Mohawk Sequence – PJM Pattern 6

Juvenile: 1) Backward Power 3-Turns – JM Pattern 3; 2) Forward Double 3-Turns – JM Pattern 4

Intermediate: 1) Backward Perimeter Power Crossover Stroking with Backward Power 3-Turns – IM Pattern 3 (one direction only – skater's choice); 2) Inside Slide Chase Pattern – IM Pattern 6

Novice: 1) Forward & Backward outside Counters – NM Pattern 3A; 2) Spiral Sequence – NM Pattern 5 (one pattern only)

Junior: 1) Power Pulls – JRM Pattern 4; 2) Choctaw Sequence – JRM Pattern 5

Senior: 1) Backward Outside Power Double 3-Turns to Power Double Inside Rockers – SRM Pattern 3A; 2) Quick Edge Step – SRM Pattern 4

PAIRS EVENTS: BEGINNER-SENIOR: As stated in the current US figure skating official rulebook.

BASIC SKILLS EVENTS

Eligibility - The Competition is open to ALL skaters who are current eligible (ER.100) members of either the Basic Skills Program and/or are full members of US Figure Skating or Skate Canada. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club. Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official US Figure Skating tests may have been passed including MIF or individual dances. For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest freeski test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

ELEMENTS EVENT / SNOWPLOW SAM – BASIC 8 (NO MUSIC)

- To be skated on 1/2 to 1/3 of ice surface
- No music
- All elements must be skated in the order listed
- Each skater performs one element at a time and will perform the next element **only** when directed by a judge or referee

Required Elements

Snowplow Sam (Tots)

1. March followed by a two foot glide and dip
2. Forward two foot swizzles ~ 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles ~ 2-6 in a row

Basic 1

1. Forward two foot glide
2. Forward two foot swizzles ~ 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles ~ 6-8 in a row

Basic 2

1. Forward one foot glide ~ either foot
2. Forward alternating ½ swizzle pumps in a straight line across the width of the ice
3. Two foot turn in place ~ forward to backward
4. Backward two foot swizzles~6-8 in a row
5. Moving snowplow stop

Basic 3

1. Forward stroking
2. Forward ½ swizzle pumps on a circle either clockwise or counterclockwise ~ 6-8 consecutive
3. Moving forward to backward two foot turn ~ either direction
4. Backward one foot glide ~ either foot
5. Two foot spin

Basic 4

1. Forward outside 3-turn ~ right and left from a standstill
2. Forward outside edge on a circle either clockwise or counterclockwise

3. Forward crossovers ~ 6-8 consecutive, both directions
4. Backward stroking
5. Backward snowplow stop ~ Right or Left

Basic 5

1. Backward outside edge on a circle either clockwise or counterclockwise
2. Backward crossovers ~ 6-8 consecutive, both directions
3. One foot spin ~ minimum of 3 revolutions
4. Hockey stop
5. Side toe hop ~ either direction

Basic 6

1. Forward inside 3-turn ~ Right and Left from a standstill
2. Bunny hop
3. Forward (spiral) on a straight line ~ right or left
4. Lunge ~ right or left
5. T – Stop ~ right or left

Basic 7

1. Forward inside open mohawk ~ Right to Left & Left to Right
2. Ballet jump ~ either direction
3. Backward crossovers to a backward outside edge landing position ~ clockwise and counterclockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside or forward inside 3-turns ~ Right and Left
2. Waltz jump
3. Mazurka – either direction
4. Combination move ~ clockwise or counterclockwise –two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge.
5. Beginning one foot upright spin, optional free foot position

BASIC PROGRAMS EVENT / SNOWPLOW SAM – BASIC 8 (WITH MUSIC)

- Time: 1:00 +/- 10 seconds. Programs are to be skated on full ice
- The skating order of the required elements is optional
- The elements are not restricted as to the number of times elements are executed, length of glides, number of revolutions in a spin, etc., unless otherwise stated
- May use vocal music
- May use elements from a previous level.
- To be skated on full ice
- A .2 deduction will be taken for each element performed from a higher level

Required Elements**Snowplow Sam Program (Tots)**

1. March Forward by a two foot glide and dip
2. Forward two foot swizzles ~ 2-3 in a row
3. Backward wiggles ~ 2-6 in a row
4. Forward Snowplow stop

Basic 1

1. Forward two foot glide
2. Forward two foot swizzles ~ 6-8 in a row
3. Backward wiggles ~ 6-8 in a row
4. Forward snowplow stop

Basic 2

1. Forward one foot glide ~ either foot
2. Two foot turn in place ~ forward to backward
3. Backward two foot swizzles ~ 6-8 in a row
4. Forward alternating ½ swizzle pumps in a straight line across the width of the ice
5. Moving snowplow stop

Basic 3

1. Forward stroking
2. Forward ½ swizzle pumps on a circle either clockwise or counterclockwise ~ 6-8 consecutive
3. Moving forward to backward two foot turn in either direction
4. Backward one foot glide ~ either foot
5. Two foot spin

Basic 4

1. Forward outside edge on a circle either clockwise or counterclockwise
2. Forward crossovers ~ 6-8 consecutive, both directions
3. Forward outside 3-turn ~ Right and Left from a standstill
4. Backward stroking
5. Backward snowplow stop ~ Right or Left

Basic 5

1. Backward outside edge on a circle either clockwise or counterclockwise
2. Backward crossovers ~ 6-8 consecutive, both directions
3. One foot spin ~ minimum of 3 revolutions
4. Side toe hop ~ either direction
5. Hockey stop

Basic 6

1. Forward inside 3-turn from a standstill ~ Right and Left
2. Bunny hop
3. Forward arabesque (spiral) on a straight line ~ Right or Left
4. Lunge ~ Right or Left
5. T-stop ~ Right or Left

Basic 7

1. Forward inside open mohawk ~ Right to Left & Left to Right
2. Ballet jump ~ either direction
3. Backward crossovers to a backward outside edge landing position ~ clockwise and counterclockwise
4. Forward inside pivot

Basic 8

1. Moving forward outside or forward inside 3-turns ~ Right and Left
2. Waltz jump
3. Mazurka ~ either direction
4. Combination move ~ clockwise or counterclockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge.
5. Beginning one foot upright spin, optional free foot position

COMPULSORY PROGRAM EVENT / FREESKATE LEVELS 1-6 (NO MUSIC)

- In program form , using a limited number of connecting steps, The skating order of the required elements is optional
- To be skated on 1/2 of ice
- No music permitted.

- The skater must demonstrate the required elements and may use but is not required to use any additional elements from the previous levels
- A .2 deduction will be taken for each element performed from a higher level
- Time: 1:00 or less

Required Elements

Freestyle Level 1

1. Advanced forward stroking ~ 4-6 consecutive strokes
2. Basic forward outside edges and forward inside consecutive edges ~ 2-4 outside and 2-4 inside
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

Freestyle Level 2

1. Forward outside spiral ~ Right or Left and a Forward inside spiral ~ Right or Left
2. Waltz Three's ~ Right or Left
3. Beginning back spin ~ entry optional
4. Waltz jump, side top hop, waltz jump series
5. Toe loop jump

Freestyle Level 3

1. Forward crossovers in a figure 8 pattern
2. Advanced forward outside swing rolls ~ 4-6 consecutive
3. Back spin
4. Salchow jump
5. Waltz jump/top loop or Salchow/toe loop

Freestyle Level 4

1. Spiral sequence, FI spiral, FI mohawk, BO spiral, clockwise or counterclockwise
2. Forward power 3's, 2-3 consecutive set ~ Right or Left
3. Sit Spin
4. Loop Jump
5. Waltz jump/loop jump

Freestyle Level 5

1. Spiral sequence, FO spiral, Forward Outside 3-turn, one backward crossover, Backward Inside spiral
2. Camel spin
3. Forward upright spin to backward upright spin
4. Loop/loop jump
5. Flip jump

Freestyle Level 6

1. Five step mohawk sequence ~ 1 set alternating pattern
2. Camel/sit spin combination ~ minimum 4 revolutions total
3. Split jump or stag jump
4. Waltz jump, 1/2 loop, Salchow combination
5. Lutz jump

FREESKATE PROGRAM EVENT / LEVELS 1-6 (WITH MUSIC)

- Groups will be divided by age
- The skating order of required elements is optional. The elements are not restricted as to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated
- **Vocal music is NOT allowed**
- Skated on full ice surface

Comment [Irm1]: I would assume that this has changed since the standard FS programs thru Intermediate may now use vocal music, but check with Suzy. Suzy already approved the basic skills part and I have that sanction

- **The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels**
- **A .2 deduction will be taken for each element performed from a higher level**
- Program duration 1:30 +/- 10 seconds

Required Elements – Programs Must Contain The Following

Freestyle Level 1

- 1 Advanced forward stroking ~ 4-6 consecutive strokes
- 2 forward outside or inside consecutive edges ~ 2-4
- 3 Scratch spin from backward crossovers
- 4 Waltz jump from backward crossovers
- 5 Half flip jump

Freestyle Level 2

1. Forward outside spiral ~ Right or Left
2. Waltz Three's ~ Right or Left
3. Beginning back spin
4. Waltz jump, side top hop, waltz jump
5. Toe loop

Freestyle Level 3

1. Forward crossovers in a figure 8 pattern
2. Advanced forward outside swing rolls ~ 4-6 consecutive
3. Back spin
4. Salchow
5. Waltz jump/top loop or Salchow/toe loop

Freestyle Level 4

- 1 Spiral sequence, FI spiral, FI mohawk, BO spiral R or L
- 2 Forward power 3's, 2-3 consecutive ~ Right or Left
- 3 Sit Spin
- 4 Loop Jump
- 5 Waltz jump/loop jump

Freestyle Level 5

1. Spiral sequence, FO spiral, FO 3-turn, one backward crossover, Backward inside spiral, R or L
2. Camel spin
3. Forward upright spin to backward upright spin
4. Loop/loop combination jump
5. Flip jump

Freestyle Level 6

1. Five step mohawk sequence ~ 1 set alternating patterns
2. Camel/sit spin combination ~ minimum 4 revolutions total
3. Split jump or stag jump
4. Waltz jump/1/2 loop/Salchow combination
5. Lutz jump

Mike Modano Ice Arena
 6210 N. Wildwood
 Westland, Michigan 48185
 (313) 729-4560



Driving Instructions:

From I-94 (from East of Ann Arbor): I-94 to I-275. North on I-275 to Ford Rd. exit 25. East on Ford Rd. 3.5 miles to Wildwood. North (left) on Wildwood 1/3 mile to Mike Modano Ice Arena is on the East (right) side of the road.

From I-94 (from West of Ann Arbor): I-94 to M-14 East. East on M-14 to I-275 South. South on I-275 to Ford Rd. exit 25. East on Ford Rd. 3.5 miles to Wildwood. North (left) on Wildwood 1/3 mile to Mike Modano Ice Arena. Arena is on the East (right) side of the road.

From I-275: I-275 to Ford Rd. exit 25. East on Ford Rd. 3.5 miles to Wildwood. North (left) on Wildwood 1/3 mile to Mike Modano Ice Arena. Arena is on the East (right) side of the road.

From I-96 Eastbound (west of I-275): East on I-96 to I-275. South on I-275 to Ford Rd. exit 25. East on Ford Rd. 3.5 miles to Wildwood. North (left) on Wildwood 1/3 mile to Mike Modano Ice Arena. Arena is on the East (right) side of the road.

From I-96 Westbound (east of I-275): West on I-96 to Merriman Rd. exit 175. South on Merriman Rd. 4 miles to Ford Rd. West (right) on Ford Rd. to Wildwood. North (right) on Wildwood 1/3 mile to Mike Modano Ice Arena. Arena is on the East (right) side of the road.

From I-75 Northbound (south of I-275): North on I-75 to I-275. North on I-275 to Ford Rd. exit 25. East on Ford Rd. 3.5 miles to Wildwood. North (left) on Wildwood 1/3 mile to Mike Modano Ice Arena. Arena is on the East (right) side of the road.

From I-75 Southbound (north of I-94): South on I-75 to I-94 West. West on I-94 to I-96 East. East on I-96 to Merriman Rd. exit 175. South on Merriman Rd. 4 miles to Ford Rd. West (right) on Ford Rd. to Wildwood. North (right) on Wildwood 1/3 mile to Mike Modano Ice Arena. Arena is on the East (right) side of the road.



WESTLAND ALL AMERICAN CLASSIC COMPETITION ENTRY FORM November 7th, 2009

Last Name _____ **First Name** _____ **Birth Date** _____ **Age** _____ (as of 9-22-09)

Female ___ Male ___ US Figure Skating Number _____ Email _____

Address _____ City _____ State _____ Zip _____ Phone # _____

Name of Parent/Guardian _____ Club _____

Last Test Passed Freestyle _____ Dance _____ Moves _____

Name of Pairs Partner _____

US figure skating number _____ Primary coach name _____ phone # _____

Email _____ Address _____ City _____ State _____

Zip _____ Secondary coach Name _____ Address _____ City _____

State _____ Zip _____ Phone # _____ Email _____

TEST TRACK FREESKATE	COMPETITIVE FREESKATE	SHORT PROGRAM	MOVES	Spins	Pairs
___ Senior	___ Senior	___ Senior	___ Senior	___ senior	___ Senior
___ Junior	___ Junior	___ Junior	___ Junior	___ junior	___ Junior
___ Novice	___ Novice	___ Novice	___ Novice	___ novice	___ Novice
___ Intermediate	___ Intermediate	___ Intermediate	___ Intermediate	___ intermediate	___ Intermediate
___ Juvenile	___ Juvenile	___ Juvenile	___ Juvenile	___ juvenile	___ Juvenile
___ Pre-Juvenile	___ Open Juvenile	COMPULSORIES	___ Pre-Juvenile	___ open juvenile	___ Open Juvenile
___ Preliminary	___ Pre-Juvenile	___ Pre-Juvenile	___ Preliminary	___ pre-juvenile	___ Pre-Juvenile
___ Pre-Preliminary	___ Preliminary	___ Preliminary	___ Pre-Prelim	___ preliminary	___ Preliminary
___ Beginner	___ Pre-Preliminary	___ Pre-Prelim	ADULT FREESKATE	___ pre-preliminary	___ Pre-Prelim
___ Limited Beginner	___ No Test	___ No Test	___ Gold/Masters		
		___ Beginner	___ Silver		
		___ Limited Beginner	___ Bronze		

SOLO DANCE (Please check each individual dance that you wish to compete in)

Gold ___ Argentine Tango ___ Quick Step ___ Westminster Waltz ___ Viennese Waltz
Pre Gold ___ Paso Doble ___ Blues ___ Starlight Waltz ___ Kilian
Silver ___ American Waltz ___ Tango ___ Rocker Foxtrot ___
Pre Silver ___ European Waltz ___ Foxtrot ___ Fourteen Step ___
Bronze ___ Willow Waltz ___ Ten Fox ___ Hickory Hoedown ___
Pre Bronze ___ Fiesta Tango ___ Cha Cha ___ Swing ___
Preliminary ___ Canasta Tango ___ Rhythm Blues ___ Dutch Waltz ___

SHOWCASE

___ Group 1 Beginner ___ **Group 5 Intermediate and above**
 ___ Group 2 **Pre-Preliminary and Preliminary** ___ **Group 6 Adult**
 ___ Group 3 Pre Juvenile
 ___ Group 4 Juvenile

___ Practice ice \$ 8.00 per 20-minute time slot. First come first serve



Contestant Certification

I am an eligible skater under the rules of United Skates Figure Skating and/or Skate Canada to enter the event(s) checked on the registration form.

Contestant Signature: _____

Certification of Club Officer or Test Chair

To the best of my knowledge, the information that is indicated on this application is true and correct. The competitor is a member in good standing of our club.

Signature: _____ Title: _____ Date: _____

Certification of Professional/Coach

To the best of my knowledge, the information that is indicated on this application is true and correct.

Signature: _____ Date: _____

Waiver of Claims for Injury

The competitor and family hold the Westland Figure Skating Club harmless from any and all liability for injuries to the Competitor and from any and all liabilities for damages to or loss of property. I also understand that no refunds will be made after September 22, 2007, INCLUDING MEDICAL. The only exception is death of an immediate family or cancellation due to lack of entries.

Parent/Guardian Signature: _____ Date: _____

Entries must be filled out completely and postmarked by September 22, 2009 with an email or a self addressed stamped envelope.

US Funds only

\$25.00 fee for returned checks.

No refunds will be given after Closing Date (09-22-09)

First event \$60.00, each additional event \$30.00 practice ice \$ 8.00

Make your check or money order payable to the Westland Figure Skating Club

Mail check and completed entry form to:

**Westland FSC
Attn: All American Competition
6210 North Wildwood
Westland, MI 48185**



BASIC SKILLS COMPETITION ENTRY FORM

Last Name: _____ First Name: _____ Birth Date: _____ age _____ (as of 9-22-09)

Female: ___ Male: ___ US Figure skating #: _____ I.S.I. # _____ Basic Skill # _____

Address: _____ City: _____ State: _____ Zip: _____

Phone(s) : (____) _____

Club: _____ email _____

Last Test Passed: US Figure Skating Basic Skills _____ ISI _____

(Print) Professional's Name: _____ Phone: (____) _____

Address: _____ City: _____ State: _____ Zip: _____

email _____

Please check the even(s) you are entering:

ELEMENTS:

FREESKATE COMPULSORIES:

_____ Snowplow
_____ Basic 1 _____ Basic 5
_____ Basic 2 _____ Basic 6
_____ Basic 3 _____ Basic 7
_____ Basic 4 _____ Basic 8

_____ Freeskate 1 _____ Freeskate 4
_____ Freeskate 2 _____ Freeskate 5
_____ Freeskate 3 _____ Freeskate 6

BASIC PROGRAM:

FREESKATE PROGRAM:

_____ Snowplow
_____ Basic 1 _____ Basic 5
_____ Basic 2 _____ Basic 6
_____ Basic 3 _____ Basic 7
_____ Basic 4 _____ Basic 8

_____ Freeskate 1 _____ Freeskate 4
_____ Freeskate 2 _____ Freeskate 5
_____ Freeskate 3 _____ Freeskate 6

ENTRY FEE IS \$35.00 PER EVENT AND \$10.00 PER EACH ADDITIONAL EVENT

First Event \$ _____
Additional Event \$ _____
Additional Event \$ _____
Additional Event \$ _____
Total \$ _____

The **completed** entry form with fees must be posted marked no later than September 22, 2009.

Make check or money order payable to Westland Figure Skating Club

Mail check and completed entry form to: Westland FSC Attn.: All American Competition 6210 N. Wildwood Westland Mi.



Certification of the Competitor

The Competitor is eligible to enter the event(s) checked. It is agreed that the competitor and family holds the Westland Figure Skating Club and the Mike Modano Arena harmless from any and all liability either during practice or the competition or from any and all liability for damages to or loss of property.

Parent/Guardian Signature: _____ Date: _____

Instructor: _____ Date: _____

Club Officer/Program Director: _____ Date: _____

Competitor Signature: _____ Date: _____

**Westland FSC
Attn: All American Competition
6210 North Wildwood
Westland, MI 48185**

Entry form for the annual
2009 Westland All American Classic Competition
Hosted by the Westland Figure Skating Club